

TOP TIPS FOR LEFT- HANDERS WITH PD

- Sit left-handers either next to other left-handers or to the left of right-handers.
- Left-handers should have enough space around them as they take up more space than right-handers.
- Make sure they are not seated at a height that enables them to see round their hand as they write.
- Ensure that left-handers can see the board without twisting.
- Is lighting suitable? Left-handers should not write in the shadow of their own hand.
- Paper or whiteboard should be placed at an angle of 30 degrees clockwise and to the left of the midline.
- Writing hand should be parallel to the edge of the paper.
- Non-writing hand should be placed above the writing hand.
- Try pencils with a soft lead such as a 2B as it will not dig into the paper.
- Follow letter formation sheets for left-handers.
- Pencil grips can help correct a pencil grip.
- Encourage pupil to hold the pencil or pen 2cms from the point as this can really help.
- Sloping boards can help to prevent a hooked, hand posture.
- Encourage a light hold of the pen or pencil and light pressure.
- Specialist pens such as Stabilo for left-handers can help as well as pens with fast drying ink to prevent smudging. Choose a light pen that does not slip out of grip.
- Cursive writing helps left-handers as the natural flow from left to right helps with directional problems and also helps to correct letter reversals.
- Use a visual reminder to write from left to right by clipping a red vertical strip or a post it sticker to the left hand side of the page.
- Provide left-handed scissors.
- Left-handed rulers can be purchased. The number zero is on the right and the numbers run towards the left.
- Larger than average compass is recommended as left-handers tend to exert too much pressure.
- Visual demonstrations help left-handers.
- For left-handed equipment go to www.anythingleft-handed.co.uk
- Also www.lefthand-education.co.uk